
FROM THE FILES



Source: Kamyar M. Hedayat, MD

THE CLINICAL APPROACH OF ENDOBIOGENY

Dr. Jean Claude Lapraz

Editor's Note: Dr. Lapraz asked me in 2010 to develop a new training program in Endobiogeny in the United States for the English-speaking world. In the course of this work, questions arose from our first class. One doctor wrote to Dr. Lapraz with a series of questions and criticism. Below is Dr. Lapraz's response.

I have worked for over 40 years as a practicing doctor, both in private practice, and for seven years as a hospitalist in the cancer department of Boucicault Hospital, Paris, France. The research that we have carried out in France since 1972 with Doctor Duraffourd is entirely based on data from current medical science. This led us to take an integrative look at the level of listening to the patient, clinical examination and biology to lead to a therapeutic strategy meeting the requirements of personalization of the patient's treatment, which gave rise to Endobiogeny.

The integrative look at the human being as a whole, leads to the observation that the endocrine system is the manager of the terrain, which brings new keys to medicine on several levels:

- at the level of the integrative assessment of the information provided by the patient's history and his words, as it relates to the neuroendocrine systems as manager (of the terrain)
- at the level of the clinical examination, the information provided is similarly categorized with respect to their relationships with the neuroendocrine system
- at the biomarker level, the data provided by blood test are also categorized with respect to their (downstream relationship with) the neuroendocrine manager.

There is complete coherence between these three levels which cannot be dissociated, otherwise, it would not be the endobiogenic approach. It is obvious that a few hours of teaching cannot make it possible to grasp all the complexity of the endobiogenic approach, both at the clinical and biological level...

Our approach is integrated into science and complies with the requirements required for the validation of new diagnostic tools. I am aware that the novelty of this research can be confusing and that this approach is not easy to understand to the extent that it requires scientific and clinical knowledge that cannot be acquired in a few hours.

I am not going to offend you by thinking that you did not perceive that my approach was based on the altruistic and ethical desire to bring, like yourself, an improvement to the health of the sick as well as that of the well. It is in this humanist perspective that the expert system (of the [functional biomarker analysis](#)) makes it possible to place the complexity of the information derived from a global endobiogenic approach. The sole aim is facilitating the task of the doctors who will use it, thus allowing them to understand [the results and thus] serve for the greater good of patients. ✱

In brotherly friendship,
Jean Claude Lapraz, MD
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About the Author

Dr. Jean Claude Lapraz studied at the prestigious Faculty of Medicine, University René Descartes in Paris, France. Since 1971, along with the late Dr. Christian Durauffourd (d. 2017), he collaborated in the creation, development, teachings and world-wide diffusion of Endobiogeny. Since 2007, he has worked closely and in permanent collaboration with Dr. Kamyar Hedayat to formalize the theory and clinical teachings around Endobiogeny, allowing a new generation of doctors to be the ambassadors of this revolution in medicine. Dr. Lapraz is the co-author of over a dozen books and research articles on Endobiogeny, most notably *A treatise of phytotherapy* and *The Theory of Endobiogeny*, volumes 1-4.